

and he tried all manner of means to get the contest down on to the mat, at last he succeeded and secured Kesa-gatame from which Kaminaga could not escape. I doubt that anyone could have got out of that hold. There it was Anton Geesink, World Champion, now added the Olympic Gold Medal to his record, and exploded the dream of the Japanese of sweeping the board in the first Olympic Judo competition.

European Referees Top

Right through the entire period

the Judo competition was held the standard of play was exceedingly high. The refereeing was unfortunately not so good, sometimes it was pretty poor. The European referees were on the whole the best, and several prominent Japanese commented on Charles Palmer's excellent handling of the contests.

As is usual at Judo tournaments the sportsmanship and friendliness of the competitors set a high standard, and I hope they all enjoyed themselves as much as we who watched them.

The British Kendo Association

OFFICIAL NOTES

Letter of Greeting from Zen Nippon Kendo Renmei

The Executive Committee of the British Kendo Association—the *Eikoku Kendo Renmei*—wish to publish the following letter of greeting received from the *Zen Nippon Kendo Renmei* in order to encourage all Kendoka in this country to redouble their efforts to establish both their own *dojo* and to strengthen the British Kendo Association.

Translation of Zen Nippon Kendo Renmei letter dated 10th July, 1964. To the Eikoku Kendo Renmei. (The British Kendo Association.)

Dear Sirs,

We have received your letter of 15th June, 1964.

Please accept our sincere congratulations on the establishment of the *Eikoku Kendo Renmei*. We would also like to pay our respects to the first President, Field-Marshal Sir Francis Festing who has an honoured position and great merit in Great Britain.

We are certain that your Association will develop more and more by the efforts of Kendoka in your country since you understand that Kendo is a most pleasant sport and excellent for physical improvement.

This Renmei is hoping to establish an International Kendo Renmei in the future, and we would like to help you further in order to promote friendship between Britain and Japan through Kendo.

Last of all, we trust all your officers, including Mr. R. M. Knutsen who has devoted himself to establish the Association, are in good health.

ZEN NIPPON KENDO RENMEI.

Tokyo, 10th July, 1964.

KENDO forum

by Musashi of the
Shinto Ryu

First Kendo Hanshi to visit London

Mr. Koshikawa Hidenosuke, 9th Dan, Kendo *Hanshi*, made a private inspection visit to the British Kendo Association during November (3rd—5th). Koshikawa *Hanshi* is a Councillor of the *Zen Nippon Kendo Renmei*, and Vice-President of the *Osaka Kendo Renmei*. He is regarded by many as one of the greatest *Kenshi*

(swordmasters) in Japan. It was the highest honour for the Shinto-Ryu Kendo Dojo to be able to welcome this master to England and for him to conduct training in the dojo on the 4th November.

Koshikawa *Hanshi* payed particular attention to the children's practice and illustrated the normal training of children followed in Japan. He gave them instruction in *kirikaeshi* and *suburi*; even encouraging some fine *kiai* from the rather shy small *kendoka*.

After criticising the *Kendo-kata* he gave some valuable comment on correct forms and the need to be totally relaxed and natural when performing *kata*.

Towards the end of training, Koshikawa *Sensei* awarded the special honour of a practice to Mr. Keith Feltham, 2nd *Dan* who fenced *nito*, and lastly to Mr. Roald Knutsen, 3rd *Dan*.

Mr. Koshikawa Hidenosuke indicated through the interpretation of Mr. Nakajima, 3rd *Dan*, how glad he was to have visited English *Kendoka* and how pleased he was with his welcome. He said that the main fault with Kendo here was in making small techniques instead of *O-waza*, or large movements.

Koshikawa Hidenosuke, 9th Dan, Kendo *Hanshi*. One of the worlds leading fencers.



Mr. Koshikawa Hidenosuke, practising with one of the junior members of the Shinto Ryu, on the occasion of his visit to the club.

This was very important and we must concentrate on this for the future. He gave us assurances that the *Zen Nippon Kendo Renmei* were following the progress of Kendo here with the closest interest and that they would give us in future all the support we would need. He was sure that the British Kendo Association, despite its comparative small size, would provide a lead to the rest of the Kendo world in the future. He

was personally delighted that Field-Marshal Sir Francis Festing, G.C.B., K.B.E., D.S.O., had become our President and looked forward to meeting him next year in London.

On behalf of the British Kendo Association, Mr. C. L. de Beaumont, O.B.E., Vice-President, gave Koshikawa *Hanshi* our appreciation and thanks for the considerable honour he had done us by his visit and interest.

Letters of introduction for Koshikawa *Hanshi* have been received from Mr. Morishita Tai, Permanent-Director of the *Zen Nippon Kendo Renmei* and Mr. Nakamura Kishiro, President of the *Ibaraki Kendo Renmei*. Many readers will recall that Mr. Nakamura, now 8th *Dan*, was the first senior master to visit this country in the summer of 1962. Both these gentlemen send their sincere regards to British *Kendoka*.

A Handicapped *Kendoka*

The Lancaster and Morecambe Kendo Club should be proud of one of their leading members, Mr. Michael Finan, whose unrelenting determination to succeed in Kendo despite the major handicap of an artificial right leg, is an example of the finest spirit that I have been fortunate to encounter. I would like to say here in this column that I am deeply honoured to have been invited to teach this fine *montei* in October.

Kendo for Mr. Finan presents several unique problems. Normally a student must study general technique and movement for quite a long period until he is proficient. Mr. Finan, however, cannot move actively, he must stand his ground. One advantage of this is the inability to retreat, for retreating is a common and serious fault. On the other hand he cannot advance. To make up for this he must assume *Hidari Jodan-no-kamae* as his major *kamae* and use *Kongo-no-kamae* and *Migi Hasso-no-kamae* as subsidiary ones. For him, Kendo is mainly one-handed techniques thus increasing his reach and catching an unwary advancing opponent with little or no warning, or *kaeshi-waza* countering his opponent's attacks. His Kendo will be mainly "one-cut" (*ippon-uchi*) but I see no reason why he should not advance quickly in rank since to fence so unusual a man frequently makes opponents commit errors. And all *Kendoka* should make a mental note here that Mr. Finan will be no easy man to defeat!

COACHING SERIES No. 3 Continued

2. Continuous attack

Arrange the class in two rows facing each other. Let the rows come together as though for *randori* and at a signal from the instructor, one row, previously nominated, attacks continuously while the other row defends until a signal to stop is given after 30 seconds. This is then repeated with the other side attacking.

3. Three attempts

Randori in which each man can attack three times only. The object is to see how many points can be scored from the three attempts.

4. Team contests.

Divide the class into two teams for contest. First, a team contest where each contestant can attack once only. Second, a team contest where each individual contest is limited to one minute. Winner to stay on in each case.

5. Holding

Arrange the class round the edge of the mat in pairs for groundwork. Using his favourite holding technique, one man of each pair tries to hold his partner for thirty seconds, time signals being given. Positions are then reversed and holding again tried for thirty seconds after which one man from each pair moves in a clockwise direction round the mat to a new partner. This process is repeated until original positions are attained.