

Bletchley Leisure Centre

The first two phases of this three phase scheme to cover all aspects of leisure are now open. The facilities include:

MAIN SPORTS HALL	105 ft x 117 ft. for Badminton, Tennis, Newell, Basketball, 5-a-side football, social events, dances, concerts, exhibitions etc.
GYMNASIUM	80 ft x 40 ft. with central divider for Judo, Karate, Kendo, keepfit, gymnastics, Wrestling, Table Tennis, and a climbing wall.
WEIGHT LIFTING ROOM	Includes a full range of equipment for weight training or power lifting.
SEVEN SPECIAL SQUASH COURTS	Includes one glass wall, Tournament court with seating for 200, Regular exhibition matches are staged.
INDOOR BOWLS GREEN	One of the most attractive indoor greens, it has 5 rinks and includes its own licenced bar.
OUTDOOR FLOOD-LIT PITCH	Two football/hockey all weather pitches.
PROJECTILE RANGE	For 0.22 rifle and pistol shoots, 6- firing points, it is also used for Archery.
LEISURE POOL	The first true off shaped leisure pool in this country, with palm tree, carpet surrounds and underwater lighting creating a relaxing atmosphere within a huge acrylic pyramid.
SAUNA AND SOLARIUM	Two sauna cabins and 7 Sun tan lamps form the basis of our "5 Star" class health suite.
HAIRDRESSING SALOON	Caters for both sexes and offers a hairdressing service from 9 am until 9 pm.
BARS AND CATERING	There are 3 licenced Bars, a Cafeteria and a restaurant which caters for all tastes.

For further details ring: Milton Keynes 77251

or write to the Manager.

Mr. R. Claydon A.R.M.M.
Bletchley Leisure Centre,
Princes Way,
Bletchley,
Milton Keynes.

THE 1st EUROPEAN KENDO CHAMPIONSHIPS



with the co-operation of
JAPAN AIR LINES

Bletchley Leisure Centre Sunday, April 14th 1974

The British Kendo Association wish to thank the following for their considerable help in staging these Championships.

The European Kendo Federation.

The International Kendo Federation.

Japan Air lines.

Management of Bletchley Leisure Centre.

*Congratulations your
Victory*

The Milton Keynes Dojo meets at the Bletchley Leisure Centre on
Tuesday evenings 7.30 – 9.30 pm.

New Members are always welcome.

Special Beginners courses will be held from
Tuesday 24th April, 1974.

The Club is a member dojo of the British Kendo Association.

ON BEHALF of the British Kendo Association I would like to extend a very warm welcome to our fellow-kendoka who have come from seven other countries to join our own enthusiasts in the first European Kendo championships to be held in this country. Also a special welcome to members of the six-man mission of the International Kendo Federation who have come from Tokyo to help us as observers and judges.

This is an important occasion for our Association and we are grateful for the friendly enthusiasm and support we have received both from our own members and the Associations in other countries in arranging and taking part in these championships which will, I am sure, give further encouragement to Kendo in all the countries concerned. So, welcome to Britain and I hope enjoyable participation in the Championships.

Sir Frank Bowden, Bt.
President,
British Kendo Association.

KENDO – the art of the sword – is of Japanese origin. Although the technical performance of Kendo is typical Japanese, the deeper experience and mental effect is the same as the occidental swordsmanship of old times.

Masters of the sword, all over the world, proclaimed that swordsmanship is intended to improve the character of men and it is much more than simply "fencing".

The improvement is not only functional in the sense of producing a more efficient fighter-competitor but intrinsic in the sense of producing a better human being.

Therefore, traditionally, greater emphasis has been placed upon style, behaviour and character development in Kendo than on effectiveness with the sword as weapon.

However, Kendo is also competing and the "secret" of the art is the perfect balance between the discipline of integration as form, style, training in concentration and mental extension as well as the way in which a kendoman makes his "score".

Kendo was introduced to Europe about 10 years ago although there were small Kendo-groups in Britain many years before.

The European Kendo Federation now has nine member nations. The first European Kendo Championships is held in Britain as a tribute to the British contribution to the development of the art of the sword on this Continent.



Robert Sándor Count of Sándorfalva
President
European Kendo Federation

Observers and Referees

Masami MATSUNAGA

Age: 41 (April 1, 1933)
Occupation: Kendo Instructor
(Imperial Guard)
Alma Mater: Hosei University
Kendo Exp.: 7th-Dan Kyōshi
Member of International
Committee, A.J.K.F.
1st-Place at 1964 All Japan
Police Championships



Akio HASHIMOTO

Age: 48 (August 31, 1925)
Occupation: Professor at Tokai University
Alma Mater: Tokyo Educational University
Kendo Exp.: 7th-Dan Kyōshi
2nd-Place at 1958 All Japan
Inter-Prefectural Tournament



Keisuke MURAYAMA

Age: 47 (March 6, 1927)
Occupation: Kendo Instructor
(Kumamoto Police Force)
Alma Mater: Nippon Budō College
Kendo Exp.: 7th-Dan Kyōshi
1st-Place at 1960 All Japan
Inter-Prefectural Tournament



Toshiaki KASAHARA

Age: 54 (March 7, 1920)
Occupation: Company Director
(Tōyō Tetsu-mo Mfg. Co. Ltd.)
Alma Mater: Tokyo Imperial University
Kendo Exp.: 7th-Dan Kyōshi
Sec.-General of I.K.F.
Chairman of International
Committee, A.J.K.F.



Kyōsuke OKUYAMA

Age: 55 (May 3, 1918)
Occupation: Company Director
(Akita-yama Co. Ltd.)
Alma Mater: Tokyo Educational University
Kendo Exp.: 8th-Dan Kyōshi
2nd-Place at 1961 National
All Sports Festival



Hironobu SATOH

Age: 42 (April 28, 1931)
Occupation: Kendo Instructor
(Tokyo Police Force)
Alma Mater: Police College
Kendo Exp.: 3rd-Place at 1965, 1970 &
1971 All Japan Championships
Three times 1st-Place at All
Japan Police Championships



European Championships

PROGRAMME OF EVENTS

11 a.m. — 3.30 p.m.

Eliminations { Team + 2 demonstrations
 { Individual

4.00 p.m.

1. Entrance of competitors + Rai
2. Introduction of Guests
3. Address (Mayor) Milton Keynes
4. Kendo No Kata
5. 3rd place team event
6. Semi Final Individual
7. Iai Jutsu
8. Final Team
9. Presentations — Team
10. Final Individual
11. Presentation

The point areas used in Kendo

Kendo, literally, "the way of the sword", but briefly stated it is Japanese fencing, the ancient practice of swordsmanship of the Japanese samurai.

A carefully shaped cylinder of four pieces of bamboo is substituted for the sword. The target areas of the body are protected by a padded mask with a metal grill for the head, a heavy breastplate of bamboo splints and rawhide protects the trunk of the body, padded gauntlets for hands and wrists, as well as a padded thigh protector. This equipment permits realistic combat fencing matches that follow the rules and principles of traditional Japanese swordsmanship.

The blows recognized by the judges in tournaments are: (1) *men*, a cut to the center peak of the mask or to either temple; (2) *kote*, a cut to the right wrist when the hands are at waist level, to either wrist when the hands are overhead; (3) *do*, cut to either side of the trunk of the body; and (4) *tsuki*, a thrust with the tip of the weapon to the throat. These are the only valid points.

A match is won either when one contestant scores two points, or if only one point has been scored at the end of match time, the contestant who scored that point wins. If extensions are permitted, in the event that no point had been scored, or one each had been scored during the regular match time, the first point scored in the over-time extension wins. If no extensions are permitted the match is a draw.

