



## ALL JAPAN KENDO FEDERATION (ZNKR)

NIPPON BUDO-KAN  
2-CHOME KITANOMARU-KOEN, CHIYODA-KU, TOKYO  
TEL. (03) 211-5804 · 5805

Please reply to :  
TOSHIKI KASAHARA  
2-2-4 NISHI-SHINAGAWA, SHINAGAWA-KU, TOKYO 141  
TEL.(03)493-1470

15 April, 1984

Re: The Kendo Summer Camp, 1984 for Overseas Kendo-ka

Dear Sir :

We are pleased to announce our programme for the 9th Summer Camp of this year as described below and are looking forward to your enthusiastic participation, again.

1. Term: 23th July through 4 August, 1984  
23th July (Mon) evening - assemble at the designated lodging in Tokyo  
4th August (Sat) noon - break-up at Ueno Station
2. Place: Gedatukai Renshinkan-Dojo  
Kitamoto-shi, Saitama-Pref. (one hr. from Tokyo Station by train)
3. Qualification  
of Participants: a) Members of your organization.  
b) Those born on or before 1 Aug., 1966  
c) Those who possess Kendo Dan
4. Number of Participants:  
Four persons may apply from each organization according to the item mentioned above. Total number is limited to forty. Those numbers should be strictly limited.



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5. Course of Seminar: Manners, Fundamental Practice,  
Drill in Techniques, Kendo-Kata, Iaido,  
Match & Judging, Ji-Geiko, Lectures, and etc.
6. Dan Examination: ZNKR Dan (1 through 5/Kendo & Iaido) Examination will be  
held for the participants who wish to take Dan.
7. Expense: a) Each participant will pay for his own round-trip ticket to  
Tokyo.  
b) ZNKR will bear the expenses during the Camp (accomodation,  
meals, Tokyo-Kitamoto transportation, and parties).
8. Application: Please fill in the enclosed application form and mail it back  
to ZNKR.  
Your application must reach ZNKR by 31st May, 1984.

ZNKR approval of applications will be notified you of by 20th June, 1984.

9. Further information in detail will be mailed at the beginning of July.

Sincerely yours,

  
Toshiaki Kasahara

Chairman

International Committee of ZNKR

# APPLICATION FOR THE KENDO SUMMER CAMP 1984

Note: Please type or print in block letters.

The application must reach ZNKR by 31 May.

Given Name	Family Name	Mr/Ms	Date of Birth (Age)	DAN	H o m e A d d r e s s	Occupation
1 HANS	LUNDBERG	Mr	6/9-56 (27)	3	46 NORBERG, PONTEN JÄRG. 16 11237 STOCKHOLM	ENGINEER
2 TERJE	ANDERSEN	Mr	16/11-65 (18)	1	STORA TRÄDGÅRDSGATAN 3 E 211 28 MALMÖ	STUDENT
3 LARS	FREDRIKSSON	Mr	6/1-60 (24)	1	GAMLA VÄGEN 16 19461 UPPLANDS VÄSBY	STUDENT
4 ROGER	UMDHAGEN	Mr	25/2-65 (19)	-	SEE BELOW	STUDENT

C/O FUKUDA  
929-14 SUNA 356  
KAWAGOE-SHI  
SAITAMA-KEN  
JAPAN.

Name of the Organization:

SWEDISH BUDO FEDERATION  
SECTION KENDO

President's Signature :

*[Handwritten Signature]*



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2-CHOME KITANOMARU-KOEN CHIYODA-KU TOKYO  
TEL. (03) 211-5804 · 5805

28 June 1984

To: Participants of the Summer Camp 1984

Dear Sir,

We welcome your participation in the Kendo Summer Camp 1984.

Please pay attention to the following points:

- 1) 23 July (Mon): Be sure to arrive at Gedatsu Renshinkan from 2 pm. to 5 pm.  
A meeting will be held from 7 pm to 8 pm of the same evening.

Gedatsu-kai 269 Kitamotojuku Kitamoto-shi Saitama-ken  
Tel. 0485-91-2318, 0485-91-3369

See attached traveling information.

- 2) 4 Aug. (Sat): Morning, Closing Ceremony at Renshinkan Dojo.  
Transfer to Ueno Station by train. Break up at noon.
- 3) Please refer to the attached sheet for the programme of the seminars.
- 4) Before your departure, be sure to take out an insurance in your country against accidents during your stay in Japan.

- 5) Please bring with you the following items:

Bogu, Shinai (two or more), Keikogi (two if possible), Hakama, Tenugui,  
Sports wear, Bath towel, Name for "Tare"

Please also bring the following if you possess them:

Iaito, Bokuto, Texts ("Fundamental Kendo", "Iai", "Match and Referee Rules")

Note: a) You may buy everything mentioned above on 23 July, in the evening.

b) You may bring a suit but it is not mandatory. (Remember that the summer in Japan is very humid.)

- 6) Those who wish to try the Dan-examination for 2 to 5 Dan (Kendo & Iaido) are requested to bring the Kendo passport issued by each organization or their latest Dan certificate.
- 7) Please inform us, as soon as possible, of your arrival date, time, flight schedule and airport of entry.
- Please inform Mr. Shioiri immediately when you changed your plan not to participate or when you find out any delays in your arrival in Japan.

Looking forward to seeing you soon, I remain,

Sincerely yours,

Tsutomu Oshima  
Chairman, International  
Committee of All Japan  
Kendo Federation (ZNKR)

大島 功

P.S. Address and Phone No. Mr. Hiroyuki SHIOIRI  
1706 Tenjincho, Kanuma-shi Tochigi-ken 322  
Japan, Tel:0289-64-4681

Please cut along line.

### Schedule in Japan

Name \_\_\_\_\_ Nationality \_\_\_\_\_

Arrival Date & Time: \_\_\_\_\_ Flight No \_\_\_\_\_

Address & Phone No. \_\_\_\_\_  
(In Japan)

## NOTICE

Summer Camp 1984

ALL JAPAN KENDO FEDERATION

1. Regarding the use of the Dojo.
  - a) Bow when entering and leaving the dojo.
  - b) Before and after using the dojo, the floor should be cleaned--by turns.
  - c) No smoking, except in permitted areas.
  - d) Before each Keiko, be sure to examine your shinai, and see mutually whether Keikogi, Hakama and Armour are correctly and securely worn.
  - e) After the final Mokuso and Rei, go to sensei and ask advice personally.
  - f) Voluntary practice is allowed at the Renshinkan dojo until 9:00p.m.
2. Lockup: 10:00pm, Lobby and Dining room close:10:00pm, Lights-out:10:30pm
3. The coordinator of each room shall ensure that all his room-mates observe the rules, and report the results of the roll call to the officials before 10:30.
4. Read carefully what is on the bulletin board at the front desk every day.
5. Information will be given after meal. Then clear your dishes from the table. The floor and tables shall be cleaned --by turns.
6. Everybody should cooperate in always keeping the living room clean.
7. No smoking, except in permitted areas.
8. Everybody should take care of his own valuables, as his own responsibility. (Lockers should be used.) Please don't forget to return the lockerkey before leaving Gedatsukai.
9. No visitors will be allowed in the living rooms.
10. Linen should be changed on 28 Jul. and 1 Aug. Each person should bring his own linen to the specified place.
11. Hang out your washing at the stated place.
12. In case of illness or accident, report the officials immediately.
13. Permission must be obtained from the officials should anyone wish to leave the seminar, or not participate in any scheduled event. This includes anyone wishing to leave Kitamoto for touring or overnight stays.
14. Refrain from taking cold drinks between each Keiko and meal.  
No beer is allowed at daytime.
15. The toilets shall be cleaned every morning--by turns.  
Please leave the toilets as you expect to find them.
16. Leave your sandals (footwear) neatly upon entry into the dojo, boarding house, toilets etc.
17. Banking facilities are available. Two days notice to the front desk is required for money exchange. Banking services will finish on the 1 Aug.
18. CLEANING BATHROOM.

1984 GUIDANCE CONTENTS OF SUMMER CAMP FOR FOREIGN KENSHI

Name of instructors : Keisuke Murayama, Hideo Kobayashi

FOUNDAMENTAL PRACTICE

TECHNICAL PRACTICE

July 25 (Wednesday)

(with keikogi and hakama)

1. How to don and tidy up of keikogi, hakama and kendo-gu
2. Safe supervision of shinai and kendo-gu, etc.
3. Manners--ritsurei, seiza and zarei
4. Manners at matches or practice
5. The way of posture--shizentai, chudan, jodan and gedan
6. Suburi--spatial strike and thrust of jogefuri, nanamefuri, men, kote, do and tsuki
7. Foot-work--okuriashi
8. Maai(interval and distance)
9. Basic strike and thrust as an action against man--attack and receive of basic strike and thrust of men, kote, do and tsuki
10. Attack and receive of consecutive left and right men

(with kendo-gu)

1. Strike back--strike and receive of shomenuchi, taiatari(attack with body) and consecutive left and right men
2. shikakewaza  
basic way to strike or be struck
  - a. shomen
  - b. migi-gote
  - c. migi-do
  - d. tsuki

July 26 (Thursday)

(with keikogi and hakama)

1. Review of previous practice
  - ° chudan-no-kamae
  - ° suburi
  - ° basic strike and thrust as an action against man
2. Foot-work  
practice of okuri-ashi, ayumi-ashi, tsugi-ashi and hiraki-ashi
3. Suburi-- practice of suburi and suburi in the position of sonkyo (crouching posture)
4. Kirikaeshi  
strike and receive

(with kendo-gu)

1. kirikaeshi--evenly against instructors
2. Strike in practice of basic technique--evenly against instructors
3. Shikake-waza  
Practice of harai-waza
  - a. harai-men
  - b. harai-kote
  - c. harai-do
  - d. harai-tsuki

Practice typical technique--  
ni-san-dan-no-gi

- |             |                 |
|-------------|-----------------|
| a. kote-men | e. tsuki-men    |
| b. men-do   | f. kote-men-do  |
| c. kote-do  | g. kote-men-men |
| d. men-men  | etc.            |

## FOUNDAMENTAL PRACTICE

## TECHNICAL PRACTICE

July 27 (Friday)

(with keikogi and hakama)

1. Review of previous practice
  - ° foot-work in variation
  - ° suburi in variation
  - ° kirikaeshi (strike and receive)
2. Kirikaeshi (with kendo-gu)
3. Strike in practice against instructors and other kenshi
4. Review of maai (interval and distance)
5. Practice of kakari-geiko attack and receive

(with kendo-gu)

1. kirikaeshi
2. shikake-waza (review)
3. hiki-waza
  - practice of hiki-waza for tsuba-zeriai and taiatari
  - a. hiki-men
  - b. hiki-do
  - c. hiki-gote
4. oji-waza
  - practice typical technique of suriage-waza
  - a. kote-suriage-men
  - b. tsuki-suriage-men
  - c. men-suriage-men etc.

July 28 (Saturday)

(with keikogi and hakama)

1. Review of previous practice
  - ° suburi with kendo-gu
  - ° kirikaeshi
    - uchikomi practice of basic strike and thrust
  - ° practice of having opponent to strike this side
  - ° kakari-geiko attack and receive

(with kendo-gu)

1. Review of typical technique among previous practice of shikake-waza and oji-waza
2. oji-waza
  - practice typical technique of nuki-waza
  - a. kote-nuki-men
  - b. men-nuki-do
  - c. kote-nuki-kote etc.
  - practice typical technique of uchiotoshi-waza
  - a. douchiotoshi-men
  - b. koteuchiotoshi-men
3. Completion of shikake-waza and oji-waza



WELCOME TO THE SUMMER CAMP! AND TO JAPAN!

HOW TO GET TO KITAMOTO.

From Narita international airport to Kitamoto count 4 hours to be on the safe side.

When exchanging money at the airport, ask for a few 1,000 yen notes as ticket vending machines accept this note which makes the purchase of your train tickets easier.

Narita Int'l Airport      Take a bus at Number "4" bus stops. Bus is called  
↓ By Bus      "Shuttle to Keisei Narita Station".

Keisei Narita Airport Station

↓ By Train      About 2 hours by "stopping train" and 1 hour & a half  
↓ by "express" trains.

Keisei Ueno Station      150 meters apart.

↓ On Foot

Ueno Station (Track # 7)      Some officials will be waiting for you at Ueno Station  
↓ By Train      (Takasaki Line, platform # 7)

There are many trains from Ueno to Kitamoto however, we strongly suggest you try to get on one of the two following: 15:06 and 15:36 to take advantage of the officials' presence at Ueno Station on departure of those trains.

Kitamoto Station

↓ On Foot

About 10 minutes.

Gedatsu Renshinkan

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If you have any troubles at Ueno Station, show the following to any Japanese.

私は、全日本剣道連盟の開催する外国人剣道研修会に参加するため、埼玉県北本市へ行く途中です。国鉄・高崎線（上野駅7番線）を教えてください。

# DAILY SCHEDULE OF THE 9TH SUMMER CAMP 1984

Instructors: Mr. Murayama, Mr. Kobayashi  
 Officials : Mr. Sugo, Mr. Shizawa, Mr. Ohta

Instructors : Mr. Oka, Mr. Maruyama,  
 Mr. Kojima  
 Officials : Mr. Shioiri, Mr. Tatsumi

	7/23 Mon	24 Tue	25 Wed	26 Thu	27 Fri	28 Sat	29 Sun	30 Mon	31 Tue	8/1 Wed	2 Thu	3 Fri	4 Sat
06:00													
07:00		6:40-7:10	06:30~07:30 Fundamental Practice (Kihon)					06:30~07:30 Kihon & Jigeiko					
08:00													8:00~10:00
09:00		09:00~10:00 Lecture	09:30~11:30					09:30~11:30				09:30~11:30	
10:00			Drill in Techniques					Iai-do				Iai-do or Kendo-kata	
11:00		Opening ceremony											
12:00													11:01~11:47
13:00							13:30~16:30 Demon- stration & Goodwill Match						
14:00	Ueno	15:00~15:30						14:30~16:00 Matches and Judging			14:30~17:30 Boys Training	14:00~16:00 Dan Exam.	
15:00	15:06 15:36 { } 15:50 16:20 Kitamoto	Kihon 15:30~16:00 Jigeiko	15:00~16:30 Kendo-kata		15:00~16:30 Question & Answer			16:30~17:30 Kakari-geiko & Jigeiko				16:00~17:30 Goodwill Match	
16:00			16:30~17:30 Kakari-geiko & Ji-geiko										
17:00													
18:00		18:30~20:30 Welcome Meeting											
19:00		Party											
20:00			19:30~21:00 Films on Kendo		18:30~20:00 Party			19:30~20:30 Tea Ceremony		19:30~21:30 Bon Odori		18:30~20:30 Sayonara Party	
21:00													
22:00													

6:00 am. Wake-up, 8:30 am Breakfast, 12:00 Lunch, 6:30 pm. Supper, 10:30 pm. Bed time

Hej.

Jag skriver till dig angående Kitamoto.  
När ni var i Malmö, så sa jag till dig  
att jag inte ville åka till Kitamoto, men  
så i tisdags så slog det mig att dom har  
ett stort polismästerskap i slutet av juli  
månad och efter det ligger träningen nere  
några veckor.

Efter som att jag vill ha ut så mycket som  
möjligt av resan, och även det faktum att  
själva träningen på Kitamoto håller hög klass,  
så vill jag här efter lite velande göra min  
definitiva anmälan till Kitamoto.  
(Om där finns plats kvar, vill säga.)

Om du inte har alla uppgifter om mig så får  
du dom här:

Terje Andersen  
Stora trädgårdsg. 3E  
211 28 Malmö  
GAK Enighet, 2dan, 16/11-1965,  
Lagerarbetare.

Hälsningar Terje.