Swedish Budofederation Kendosection Johan Appelberg Särnavägen 10 161 42 Bromma Sweden 10.12.1972.

Zen Nihon Kendo Renmei Osaka Japan

Dear Sir.

Mr. Seigo Watanabe, who arrived at Stockholm, Sweden, in the early spring 1972, now intends to go back to Japan.

Very soon after his arrival he found the way to the Stockholm Kendo-clubs, where he ever since has been a very welcome and regular guest.

Mr. Watanade has acted asaan instructor for both beginners and others and also been the excellent training-partner through his outstanding eagerness of practise, always given his outmost to improve his own and others Kendo.

Besides that, he has also, through his very good language-know-ledge been able to, in an understandible way, explain situations that has appeared during practise. He has by that given many Swedes a wider knowledge in Kendo.

In spite of his ordinary work here, which has taken much time, he has been very regular at practise and also taken part in our, by mr. Taiji Saito sensei led, arranged country-wide training-camps.

Mr. Watanabe has also been very helpful in our otherwise very hard equipmentprocurring-situation, with contacts with Japan and also direct support.

Not only in the Dojo has mr. Watanabe been the kind and positive man, but also outside he has been a very good example in life for our Swedish Kendoka's.