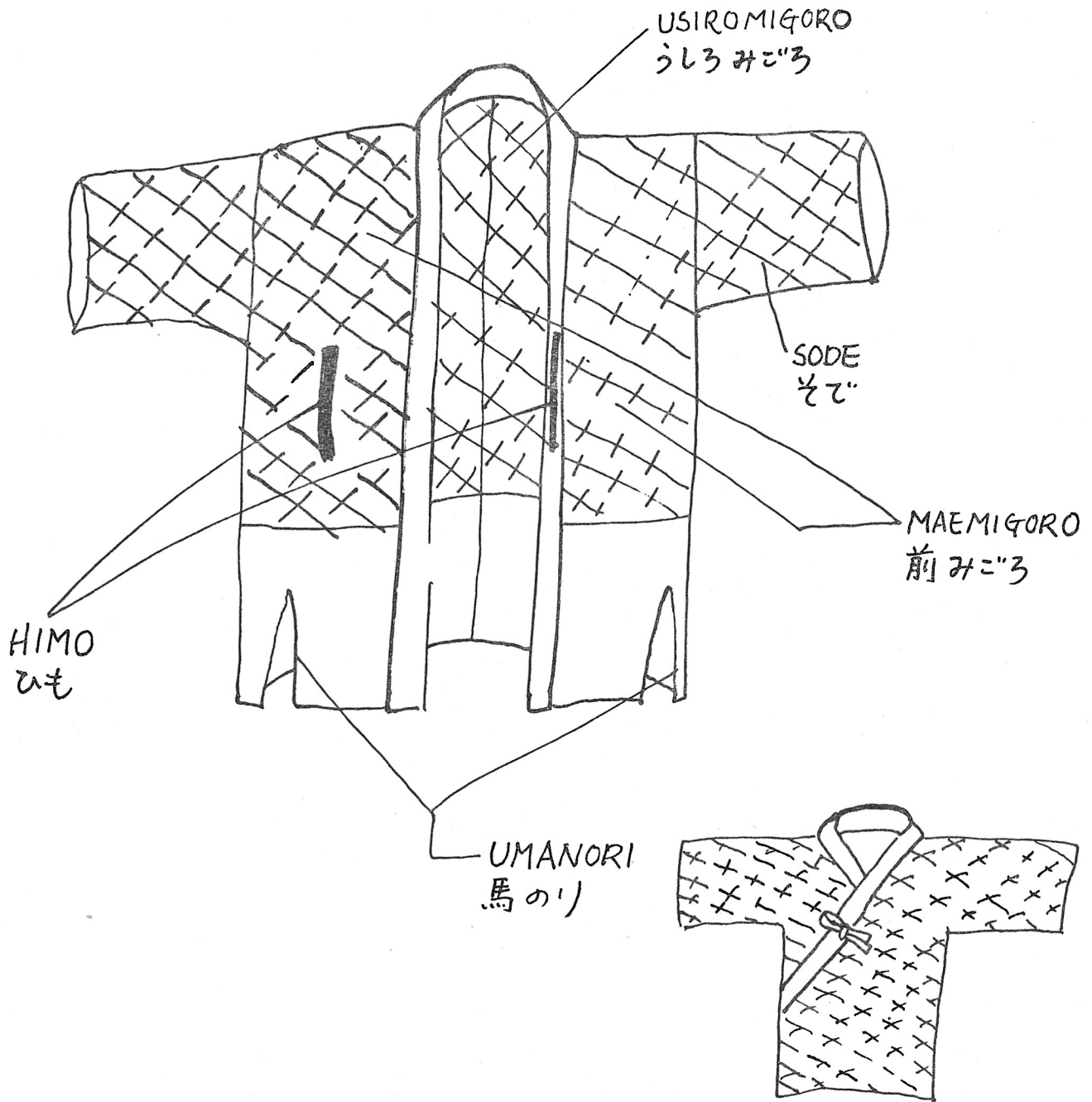
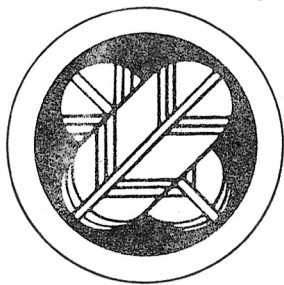


KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

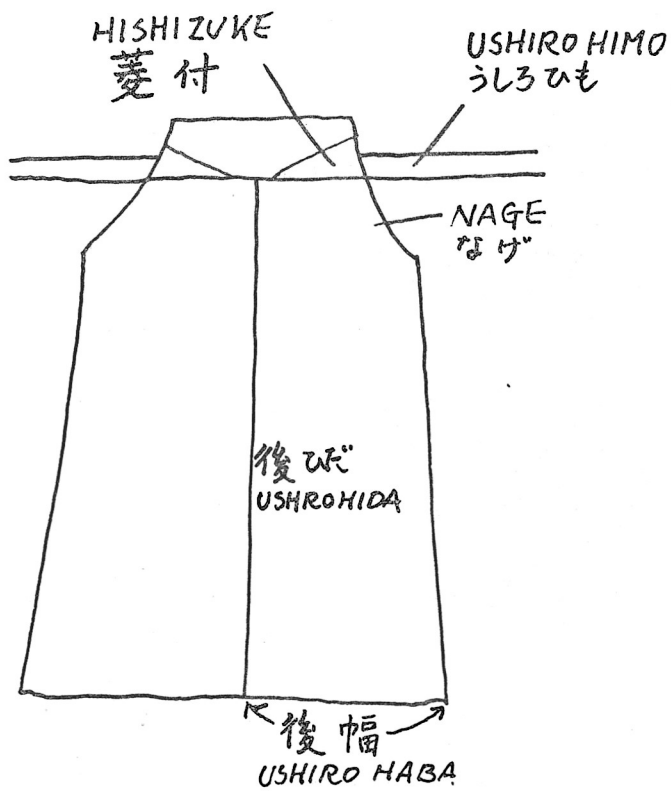
KEIKOGI (稽古着)



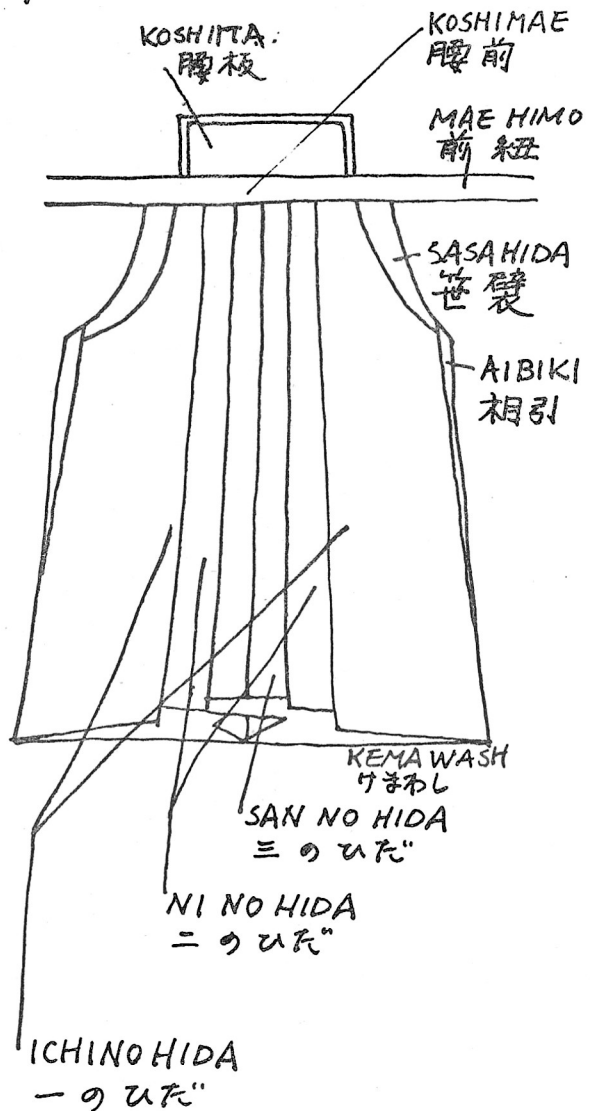


KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

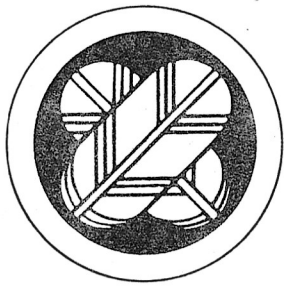
HAKAMA (袴)



↑  
Bak sida.

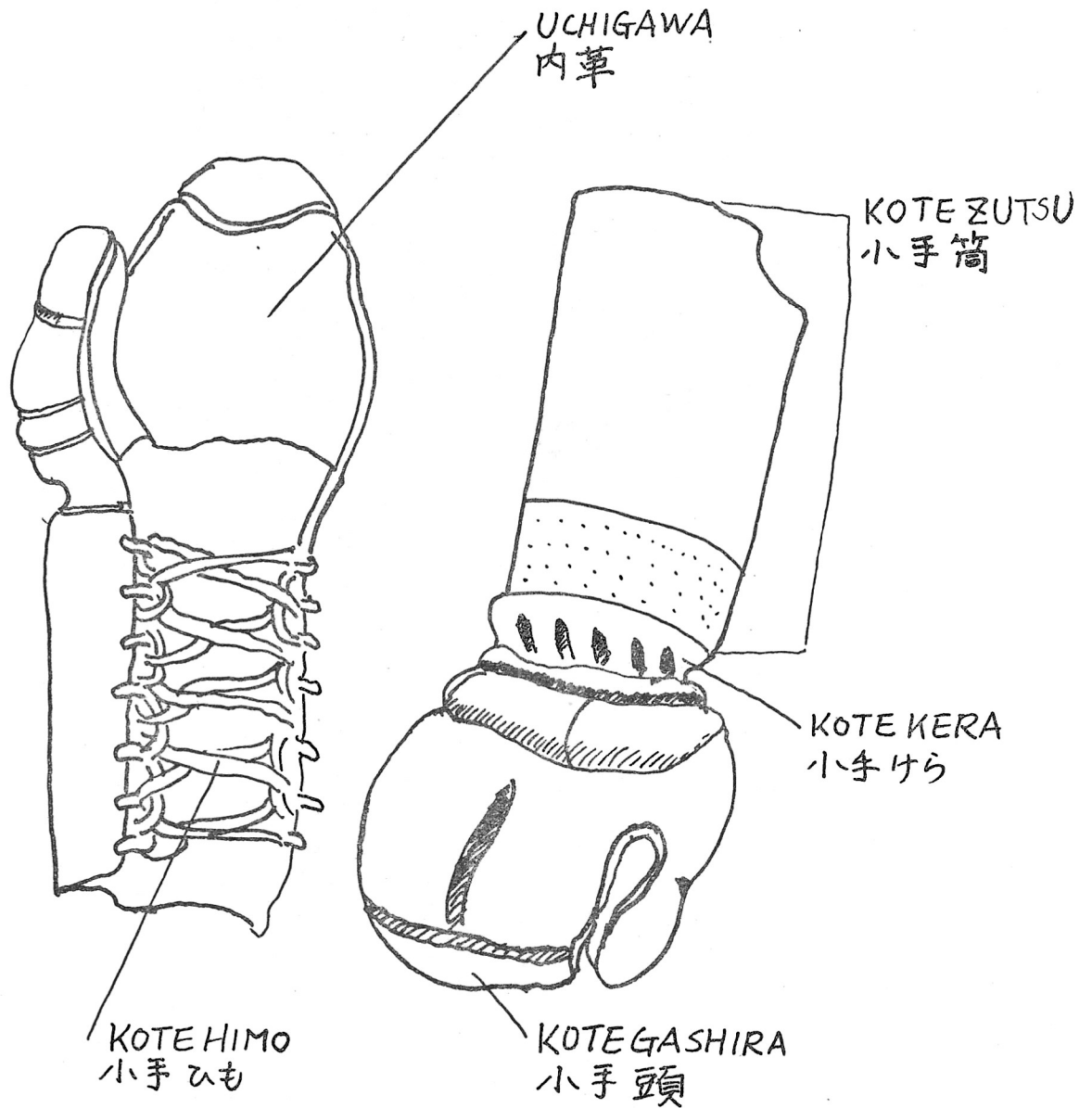


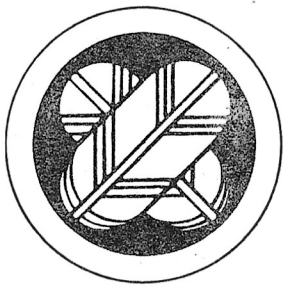
↑  
fram sida



KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

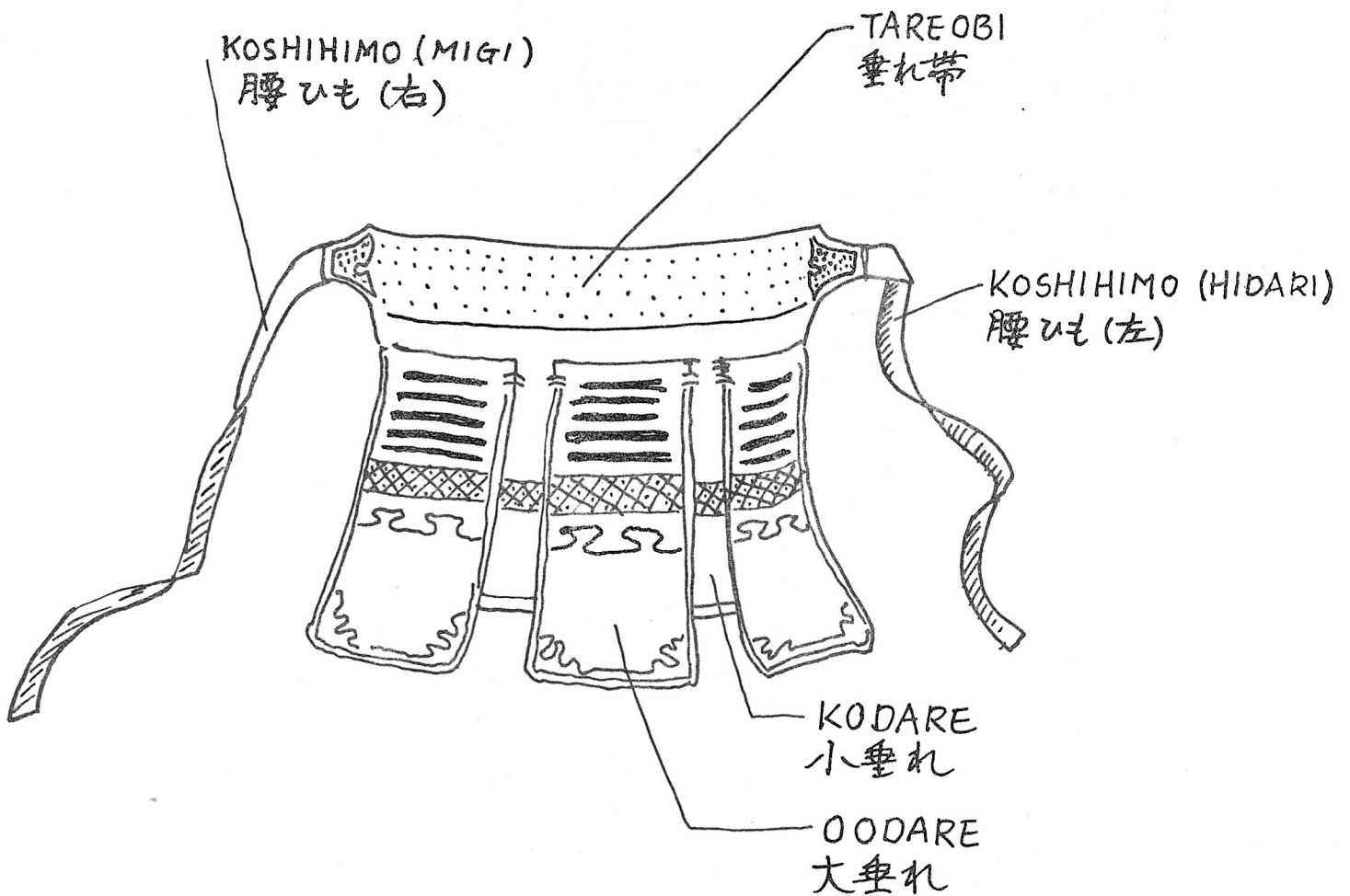
Construktion av KOTE (小手)

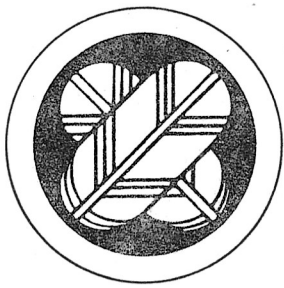




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SVENSKA IAI KENDO-FÖRENING

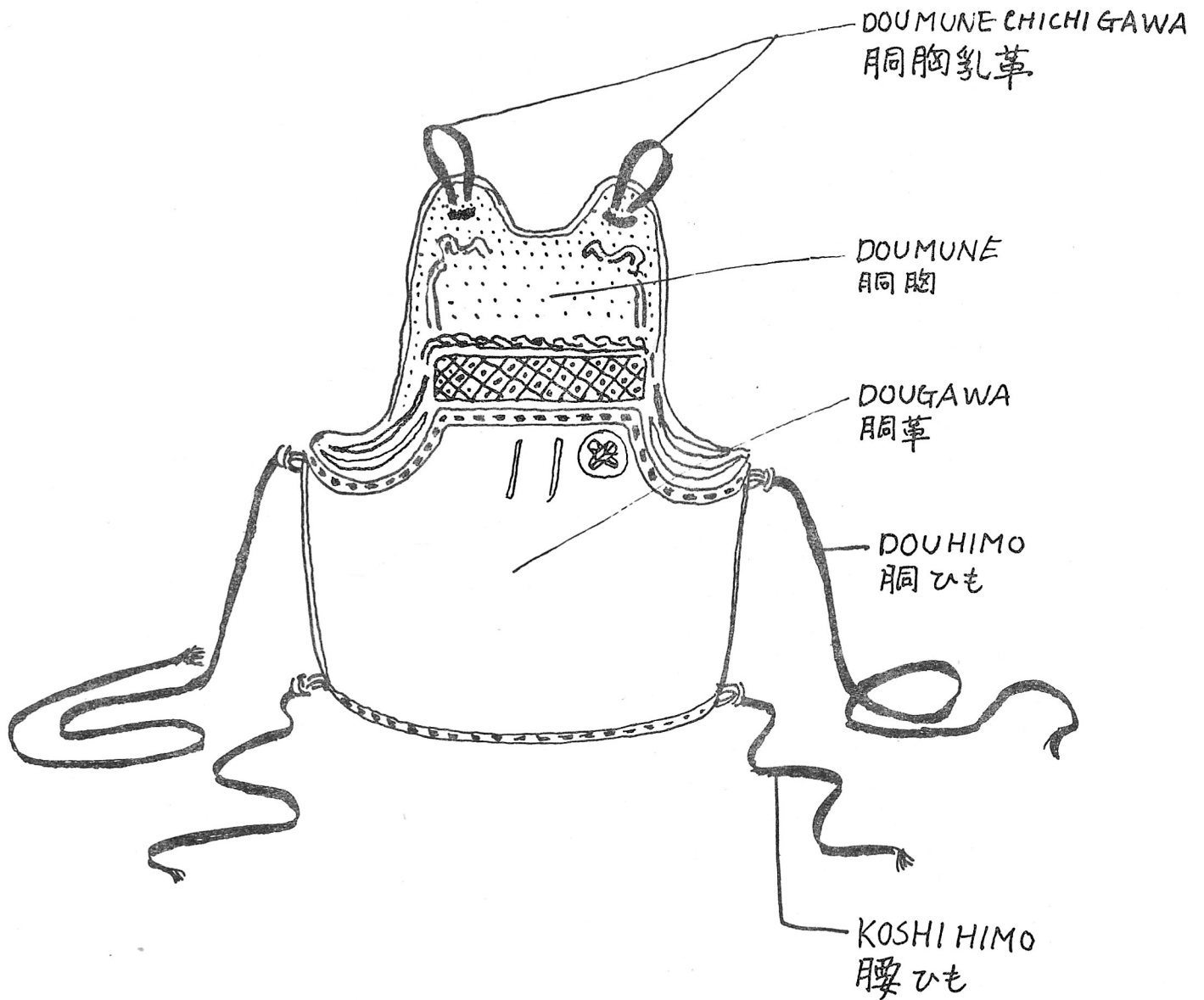
## Construktion av TARE (垂れ)





KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

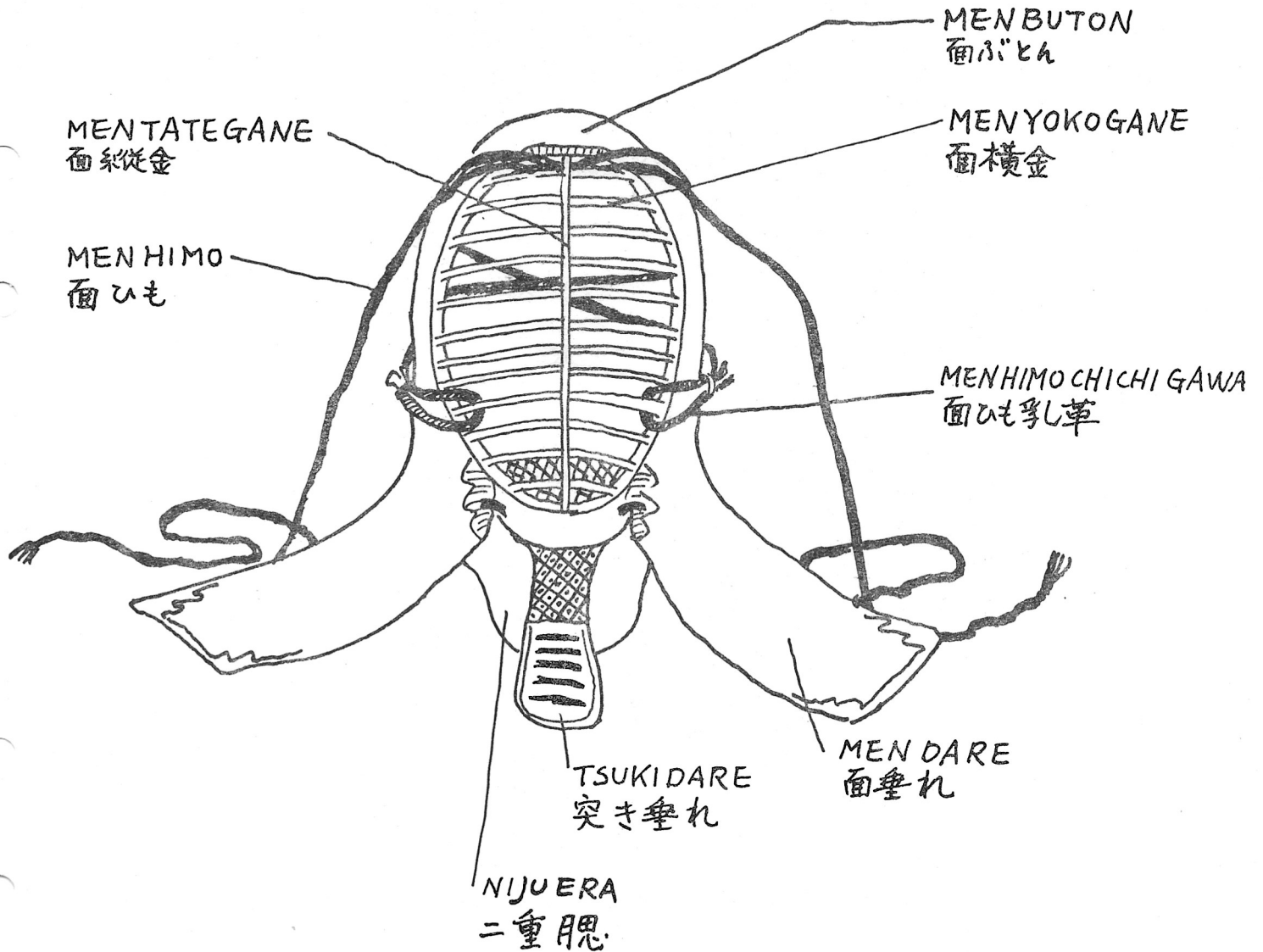
Construktion av Dou (胴)

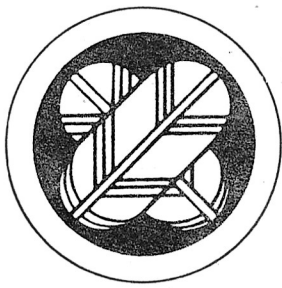




KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

Construktion av men (面)

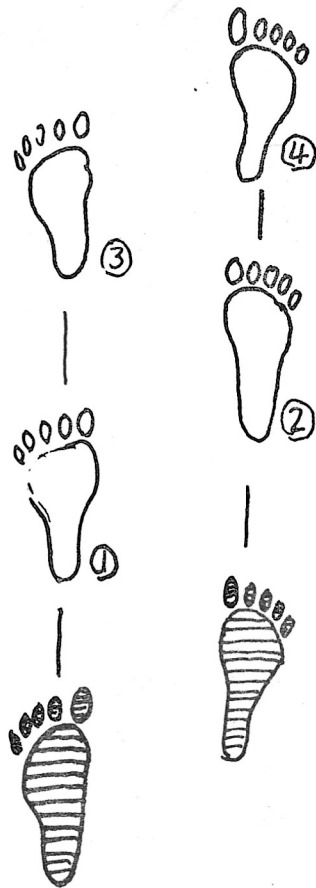


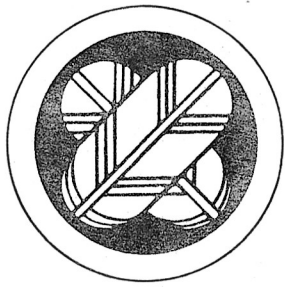


KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

ASHI SABAKI (足さばき) fotarbete

1) AYUMI ASHI  
歩み足

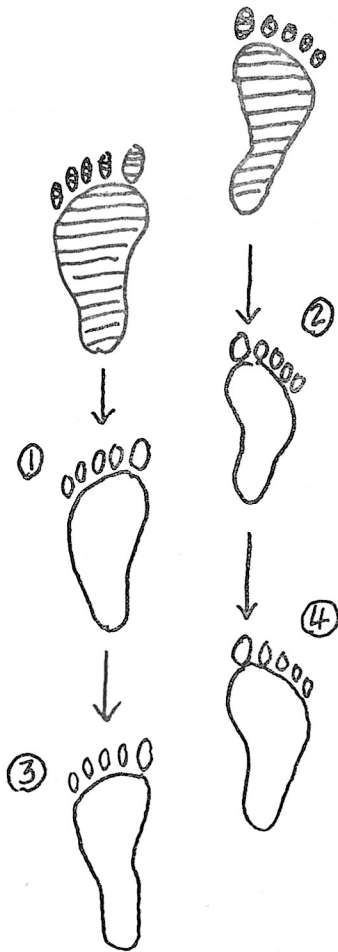




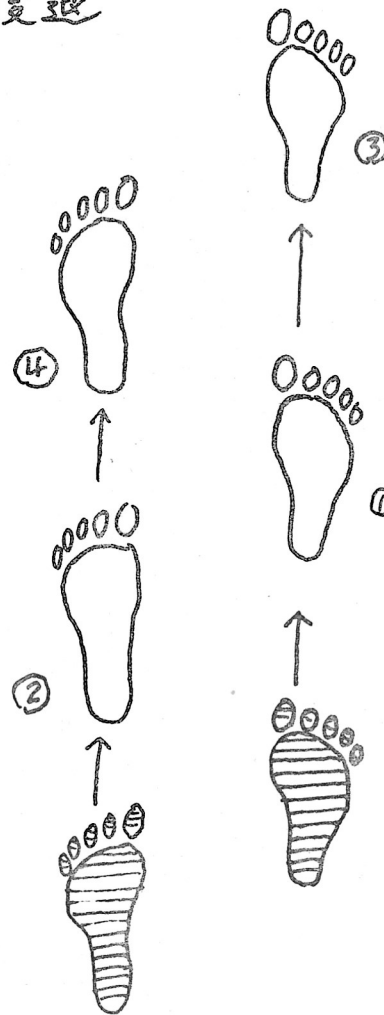
KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

ASHISABAKI (足さばき) Fotarbete

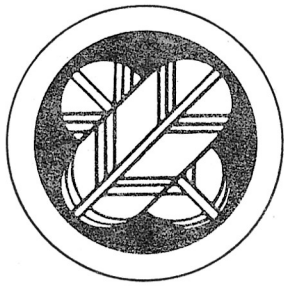
2) OKURIASHI - ZENSHIN KŌTAI  
送り足 前進 後退



( bakait )



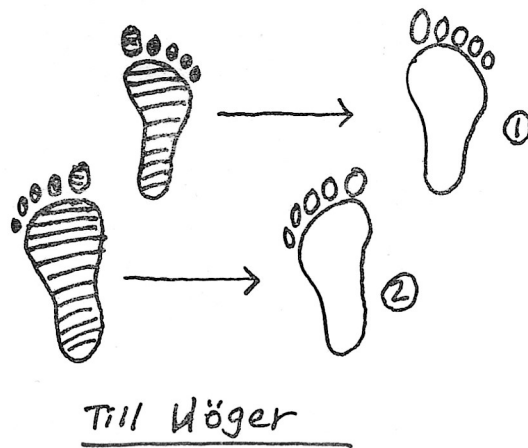
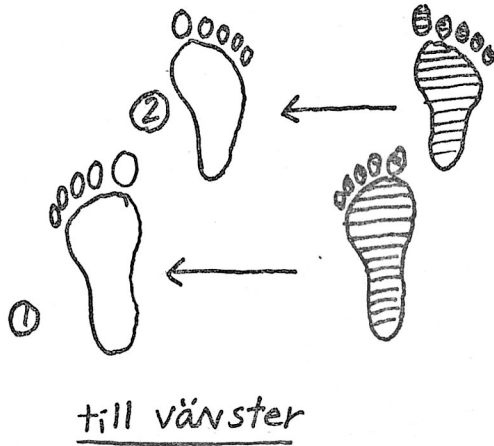
( framait )



KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

ASHISABAKI (足さばき) Fotarbete

3) OKURIASHI - SAYU  
送り足 左右

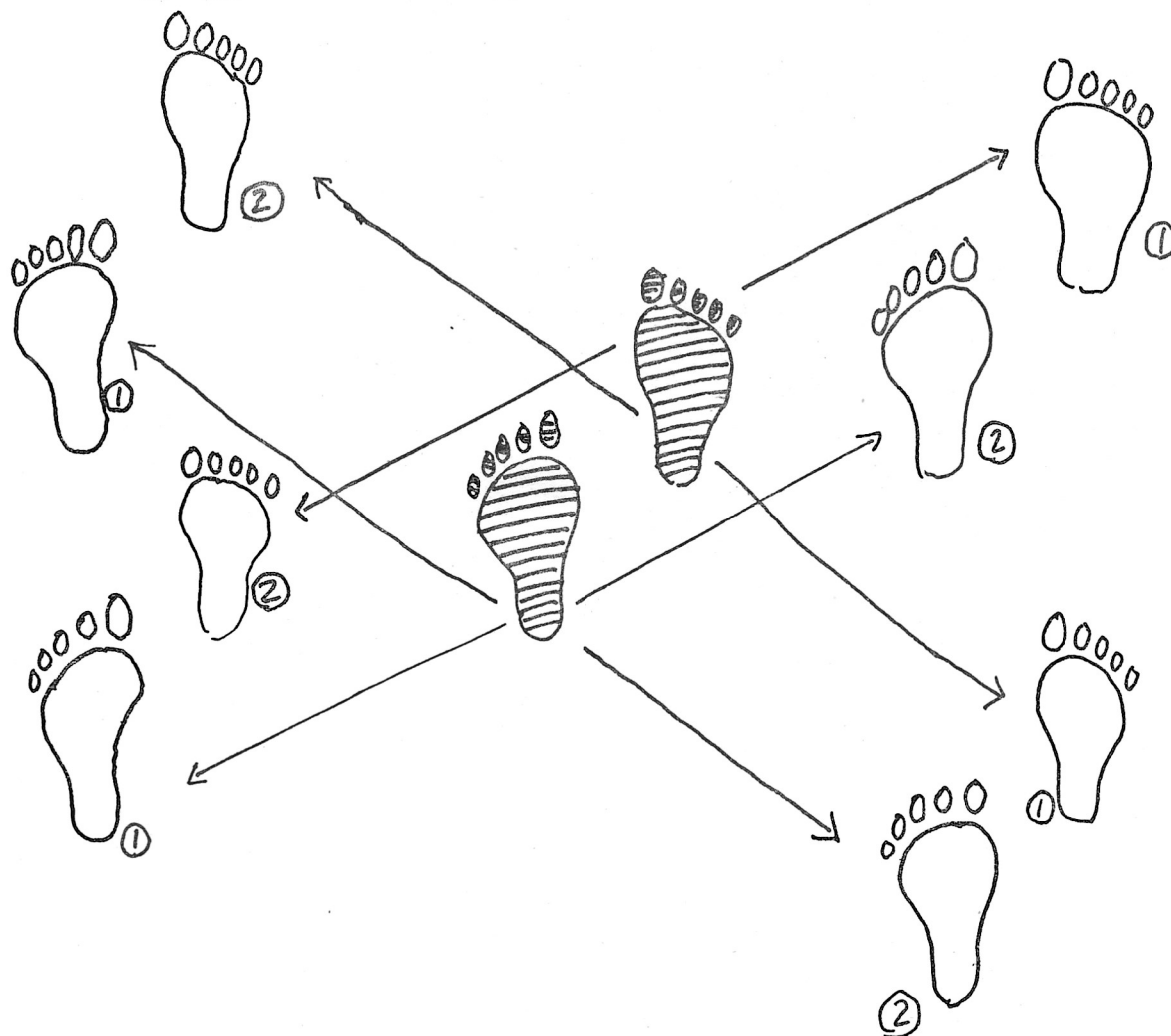


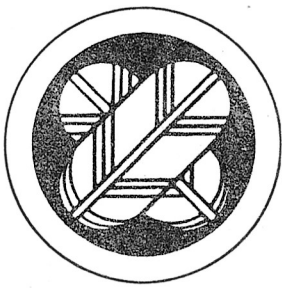


KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING

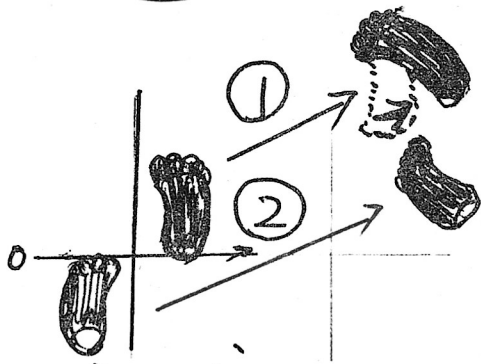
ASHISABAKI (足さばき) Fotarbete

3) OKURIASHI - NANAME  
送り足 斜め



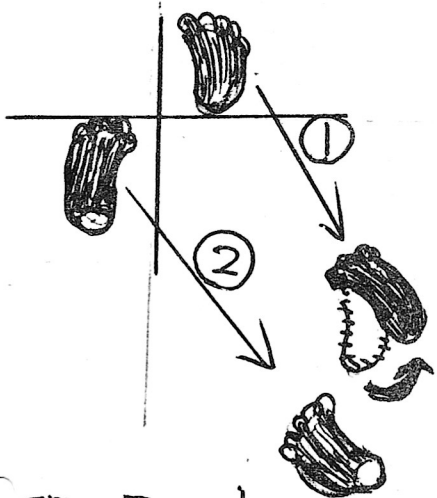


KOMAKI IAI KENDO-FÖRENING  
SVENSKA IAI KENDO-FÖRENING



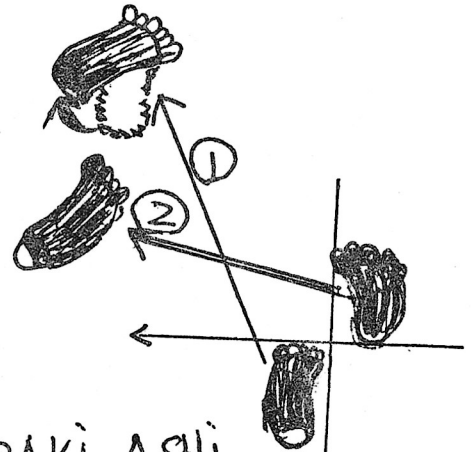
HIRAKI ASHI  
MIGINANAME MAE

開き足 ⇒ 右はなめ前



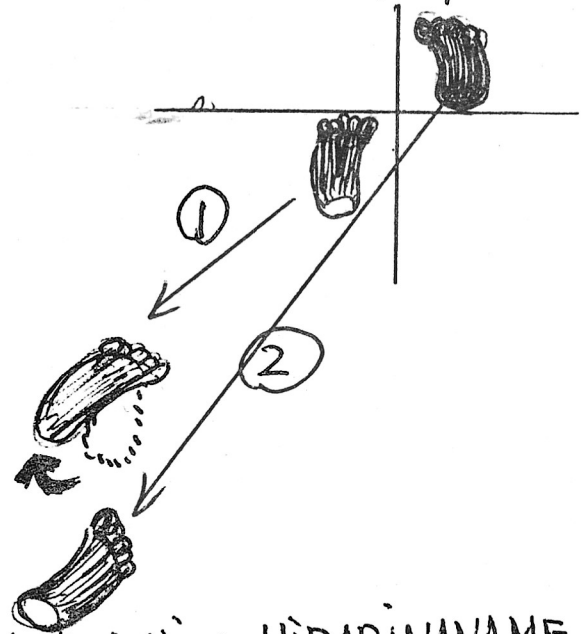
開き足 ⇒ 右はなめ後

HIRAKI ASHI ⇒ MIGINANAME USHIRO



HIRAKI ASHI  
HIDARI NANAME MAE

開き足 ⇒ 左はなめ前



HIRAKI ASHI ⇒ HIDARINANAME  
USHIRO

開き足 ⇒ 左はなめ後