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ANKOM  
Svenska Budoförbundet

16 JUL 1997

Gelterkinden, in July 1997  
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## 1st International Kendo Ladies Seminar

Dear Friends

We have the pleasure to inform you about the first International Kendo Ladies Seminar which will be held this autumn in France.

**Date:** 18th and 19th October 1997  
**Place:** Centre Sportif d'Alsace in Mulhouse/France

The following ladies will be our teachers at the seminar:

- Jolanda DEKKER, 6th Dan (Netherlands)
- Christiane DAVID, 5th Dan (France)

They will be assisted by the best European Kendo ladies. The seminar is for kyusha and yudansha and the keiko at the end of each practice are open to everyone who wants to join us.

We are looking forward to welcome many ladies and remain

with kind regards

  
Judith Bösiger

- Programme
- Application Form

# 1st International Kendo Ladies Seminar

## Programme

<b>Friday, 17th October:</b>	Arrival of the Participants Check-in at the Centre Sportif d'Alsace in Mulhouse/F 18.30 - 20.30 Keiko
<b>Saturday, 18th October:</b>	09.30 - 12.00 Kihon / Keiko 14.30 - 17.30 Kata / Technical Practice / Keiko
<b>Sunday, 19th October:</b>	10.00 - 12.00 Technical Practice / Keiko 14.00 - 16.00 Shiai-Geiko / Keiko

## Cost

Lodging in Twin Room at the Sportcenter:	<b>FF 73 / night / person</b>
Meals at the Cafeteria of the Sportcenter:	Breakfast <b>FF 26</b> Lunch <b>FF 55</b>
Fee for the Seminar:	<b>FF 200</b>

Saturday night we will have a dinner for about FF 100 at a restaurant in Mulhouse. If you would like to take part, please make your reservation with an X in the application form.